



Allina Health Restorative Suites (AHRs) Community Information Sheet

Address: 2775 Campus Drive, Plymouth, MN 55441

Main Phone: (763) 577-3400

Rehab Phone: (763) 577-3430

Rehab Director: Alicia Skalicky **Office Phone:** (763) 577-3407

Weekend Coordinator: (952) 495-6018

In Case of Emergency: In patient rooms use call light or call for nursing staff using a loud voice. In the therapy gym there is a phone in the OT kitchen to call nurse's station. Facility numbers are posted here.

Parking: Free parking is available in the front of the building. Please avoid parking in spaces designated for guests.

****To enter the main door to the facility BEFORE 8 AM weekdays and BEFORE 9AM weekends you will need to buzz the staff by pressing the call button. Signage directs you to process.**

REHAB DEPARTMENT

Key: The keys to the therapy gym are located in the closet behind the reception station in the top cupboard on the right side of the closet. Inside the cupboard the key is attached to a small toy moccasin on the lower left side with other keys.

Therapy Gym: Therapy gym and offices are on 1st floor. As you enter the building from the front entrance, it is the first set of large double doors on the left labeled "Restorative Therapy". Please lock and close the doors to the gym if you are the last one leaving for the day.

Therapy Office: The therapy office is right inside the main doors to the gym.

Forms: Forms are located in the offices in lower level file cabinets. They are labeled by each discipline. PT shared with general staff forms.

Schedules: During the week, as well as the weekends, schedules can be found in the therapy office.

Standing House Orders: There are standing house orders for all guests. Based on clinical need OT and PT are provided up to 6x per week. Guests' with a diagnosis of TKA are scheduled 7x per week for PT. Frequency for SLP is up to 5x per week.

Laptops: Located in the therapy office stored on the countertops.

Blood Pressure Cuffs & Oximeter: Two vital towers are located throughout the gym. In the drawer of the weight rack are portable oximeters and goniometers.

Modalities: Modality forms are located in the file cabinet in the office. The ultrasound machine is located in the therapy gym. Please refer to the Modality policy procedure in the Clinical Policy & Procedure Manual tab #38.

OT Cognitive Assessment Materials: SLUMS, CPT, Barthel, ACL and safety questionnaire can be found in the OT file cabinet in the therapy office. CPT testing materials can be found in the treatment room labeled Cognition room inside the gym.



ADL Equipment: The ADL equipment is located in the therapy gym closet.

Nursing Mothers: Nursing mothers may utilize the small conference room on the second floor inside the Administration Offices. Another option is the therapy cognitive room (inside the gym) as a private space as needed during the day. There is a Do Not Disturb sign you may hang. Alert the RD of time needed for use, and we can make sure this is private.

Meal Times: There are no set meal times. Guests call for made to order food anytime between 7am -6pm.

At the end of the day therapists must:

- Complete documentation, billing, and E-signatures in Net Health.
- Complete 6th visit PT/PTA in red 6th visit tracker binder on desk.
- Complete 10th visit OT/COTA in blue tracker on desk.
- Clean up after yourself.
- Lock cleaning supply cabinet, and therapy gym if you are the last person here.

Therapist completing evaluations:

- Complete Evaluation in Net Health, Section GG for Med A/MGA, and nursing/therapy communication sheet

Discharges:

- Please do not discharge a resident unless the primary therapist specifies it.